

Singer Savvy

Goal Setting



Value Goal Setting

In order for you to succeed at achieving your goals, you need to make sure that they align with your VALUES.

Don't just set your goal with your mind, set it with your heart. This is going to require a little soul searching.

Who do you want to be?

What do you believe?

What are the three things in your life that are most important?

How would you like to be perceived?

How would you like to be remembered?

There are more questions you could ask yourself to clarify your values but this is a good start.

When you make your goals, make sure you keep those values at the forefront of your mind.

SMART Goal Setting

When setting your goals, in addition to aligning them with your values, you need to make them SPECIFIC and ACTIONABLE. An easy way to do that is to define them using the SMART system.

SPECIFIC

Write down your goal with as much detail as possible.

MEASURABLE

Identify quantitative targets for tracking your progress and results.

ATTAINABLE

Make sure it's possible to achieve the desired result.

RELEVANT

The goal should personally matter to you and is worth your time and effort.

TIME LIMITED

There should be a specific starts and stop date for the goal, including all the relevant steps and milestones along the way.

Once you have defined your goals in this way, you can break them up into action steps.

Goals for Your Life

Below, enter your goals for each area of your life. There are only 3 spaces in each life area - try not to go beyond that for now. You can always add more once you have accomplished your initial goals.

FAMILY

- 1.
- 2.
- 3.

PHYSICAL HEALTH

- 1.
- 2.
- 3.

WORK/SCHOOL

- 1.
- 2.
- 3.

MENTAL HEALTH

- 1.
- 2.
- 3.

SINGING/MUSICIANSHIP

- 1.
- 2.
- 3.

FINANCIAL

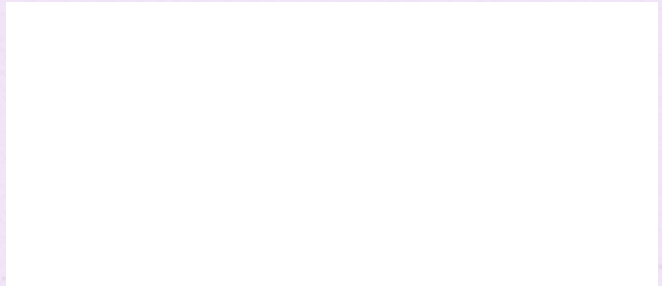
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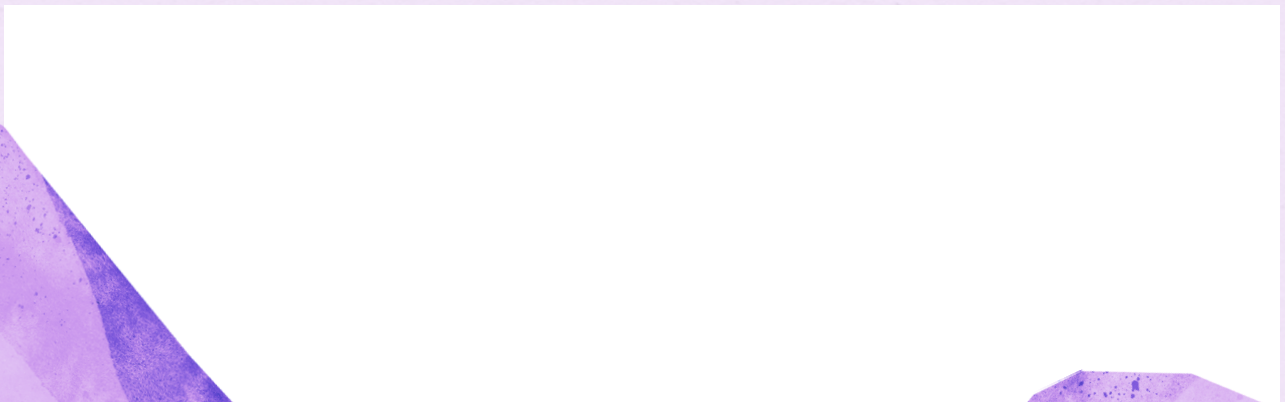
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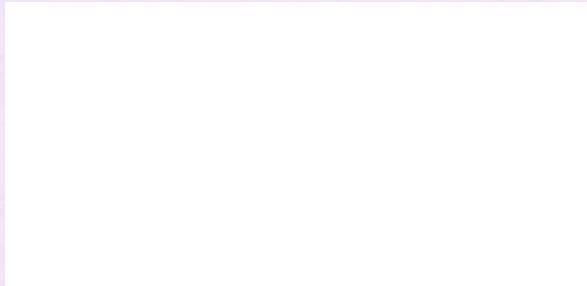
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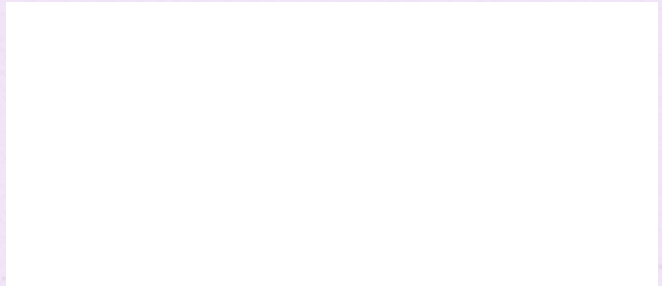
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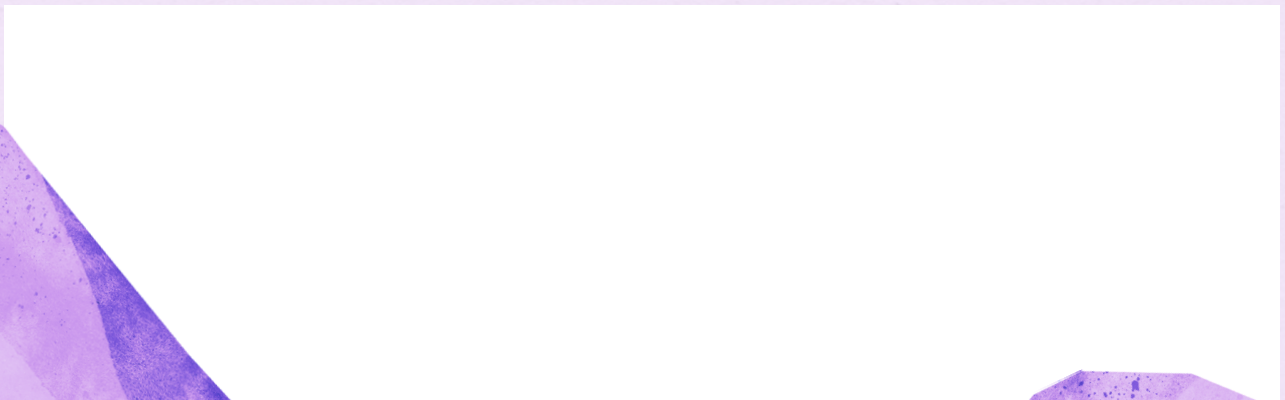
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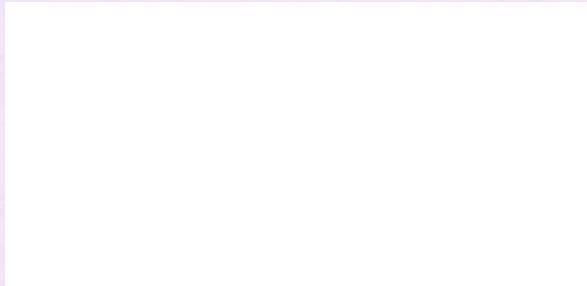
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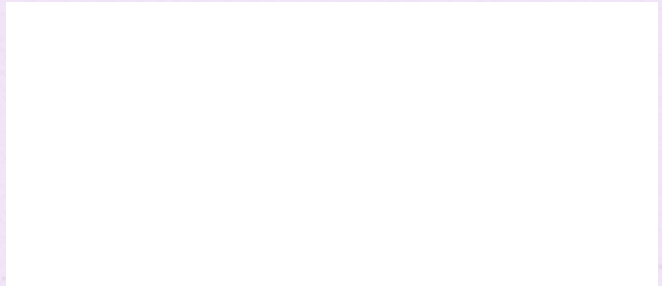
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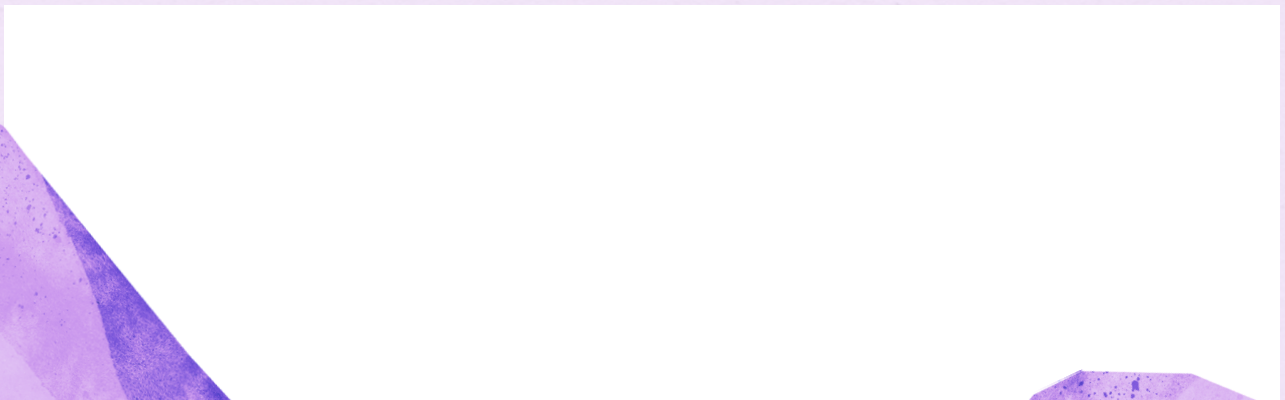
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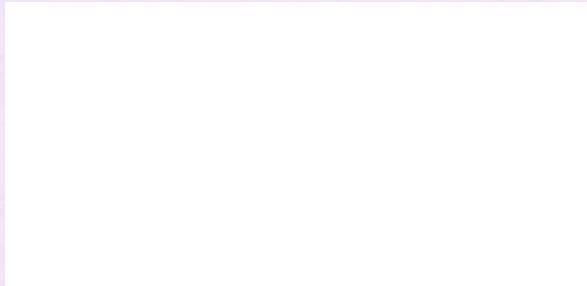
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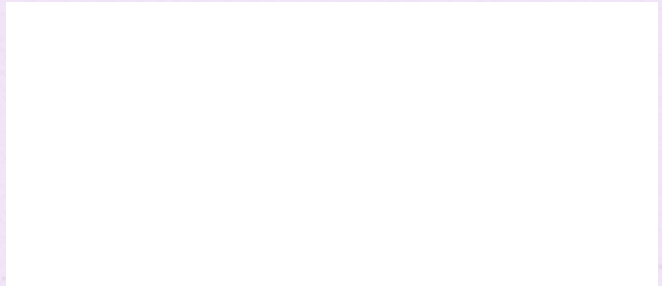
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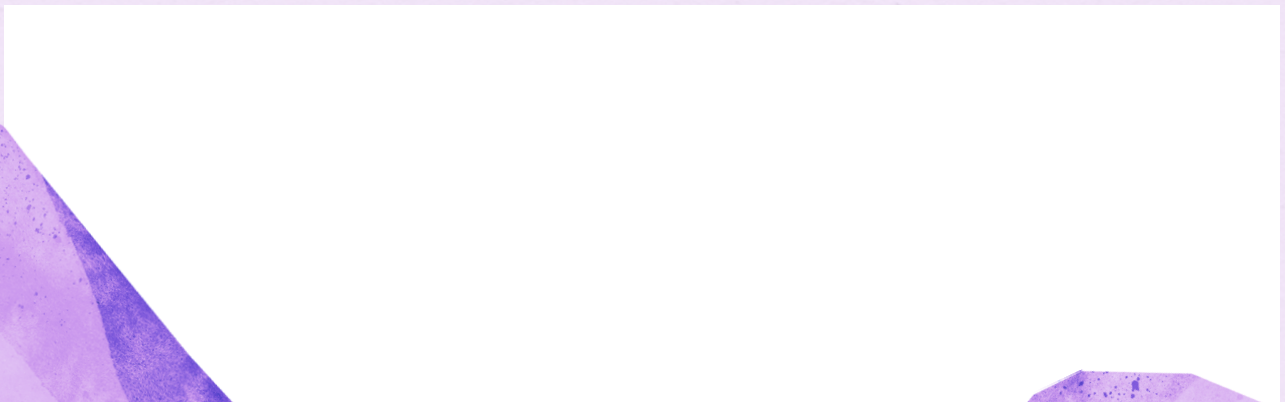
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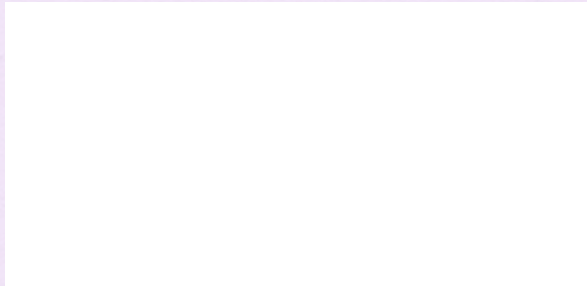
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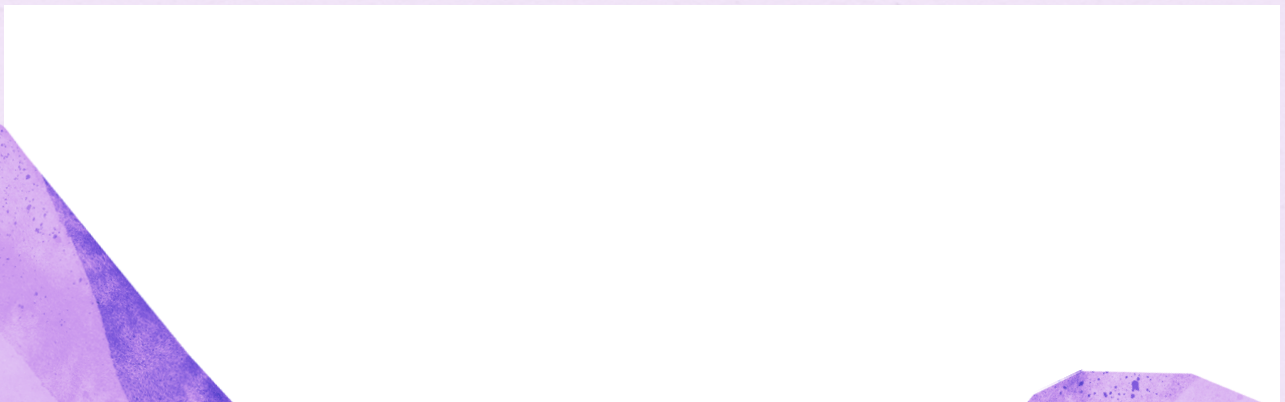
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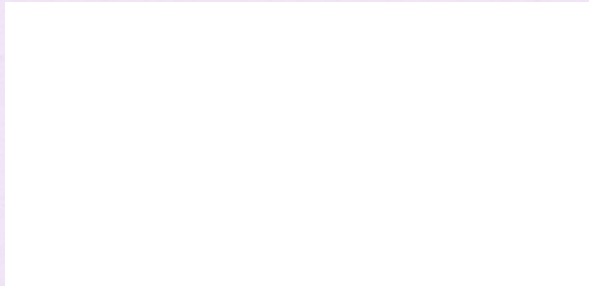
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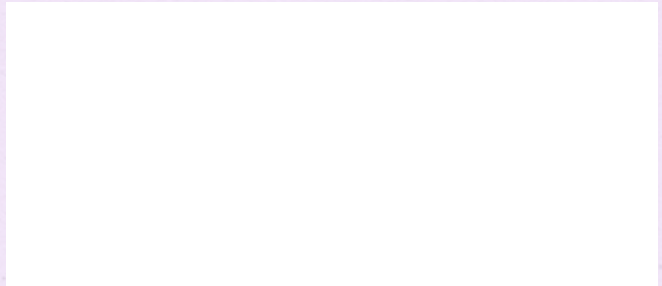
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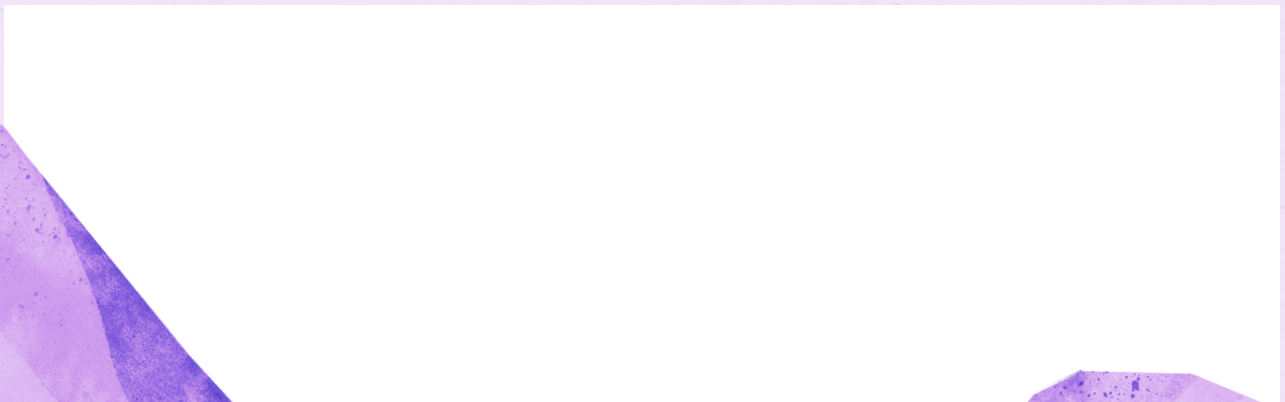
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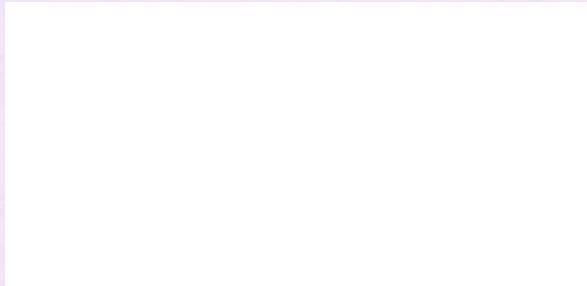
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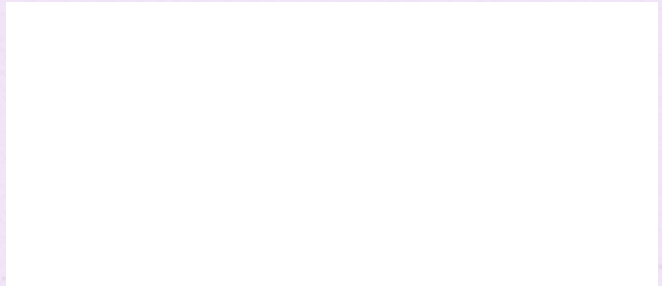
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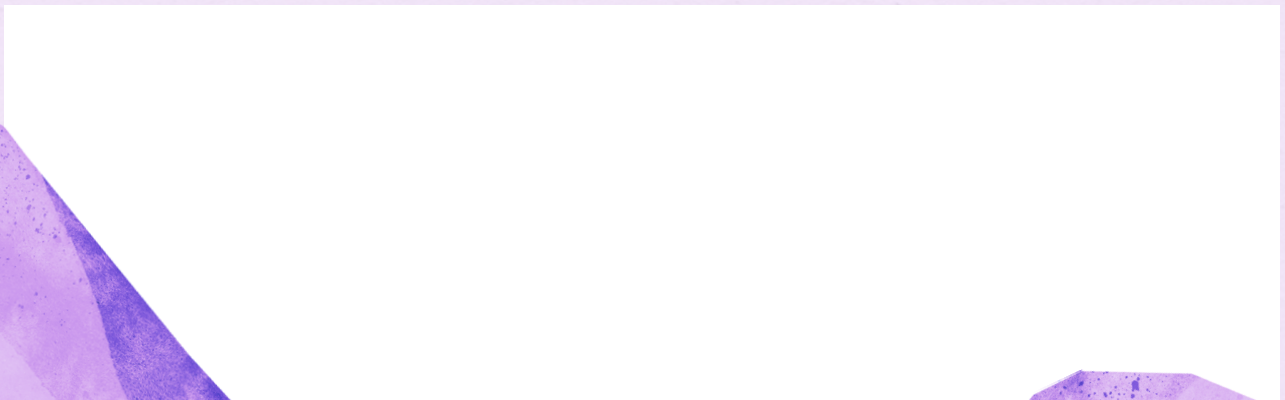
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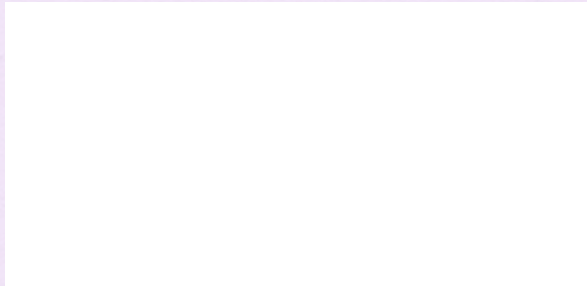
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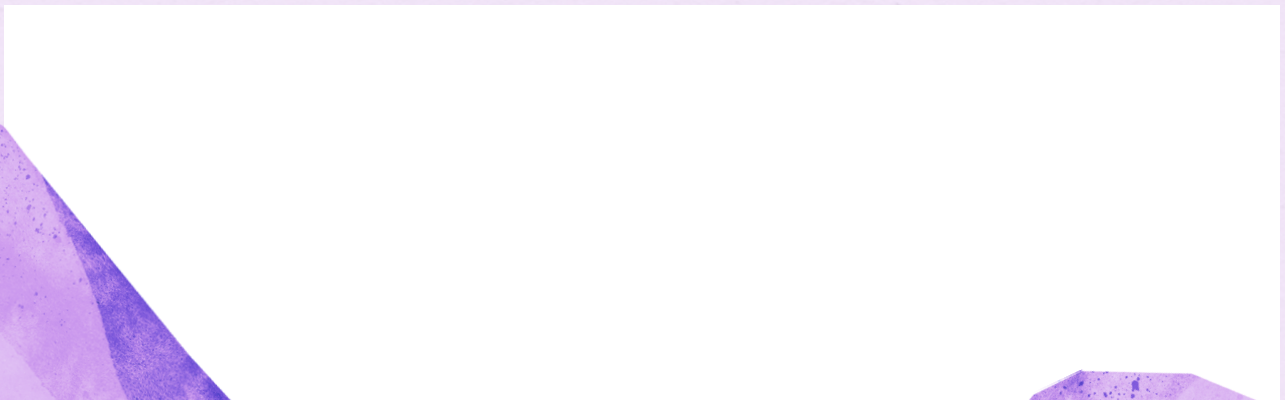
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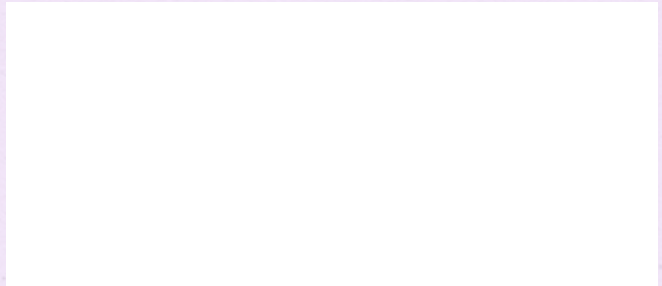
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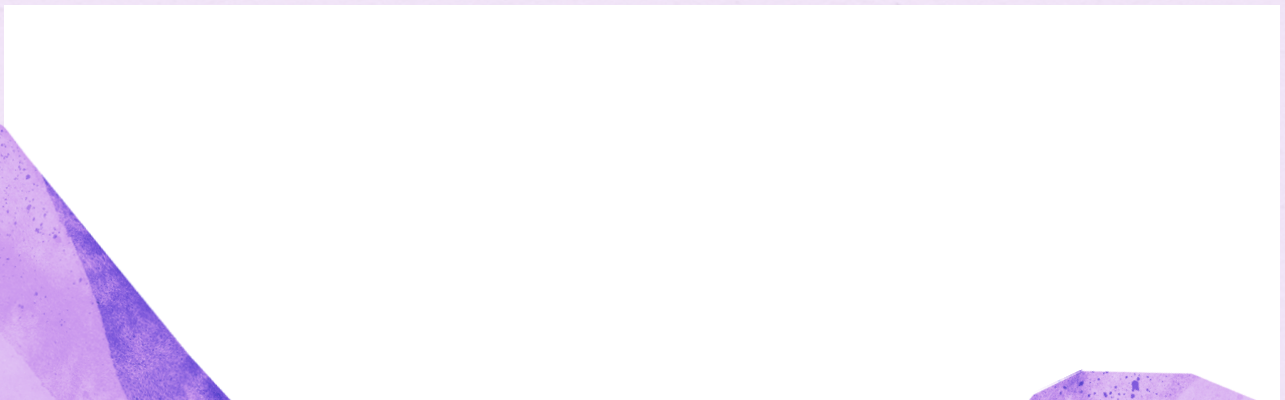
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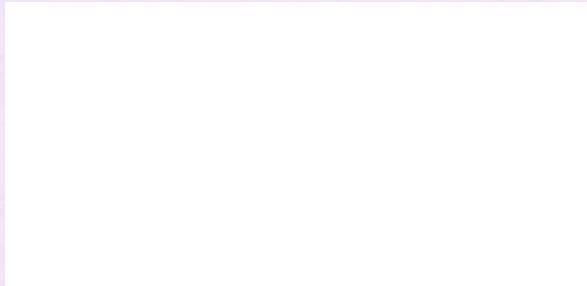
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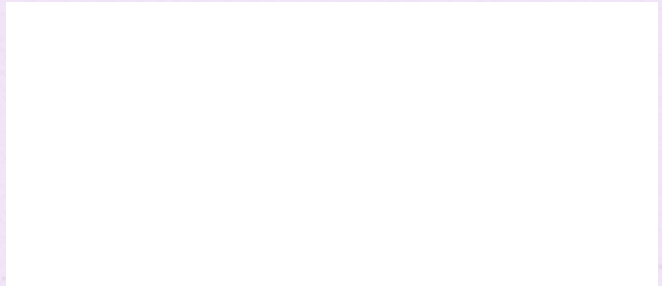
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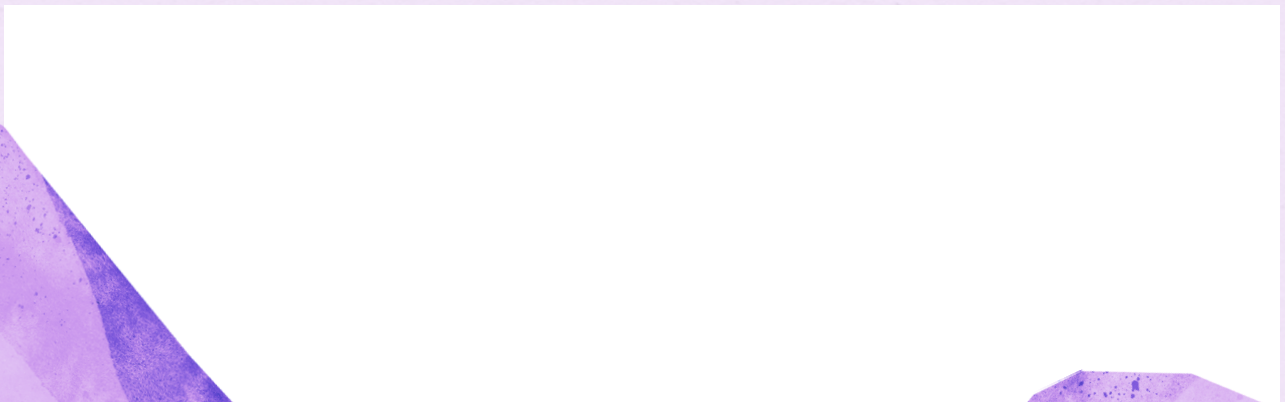
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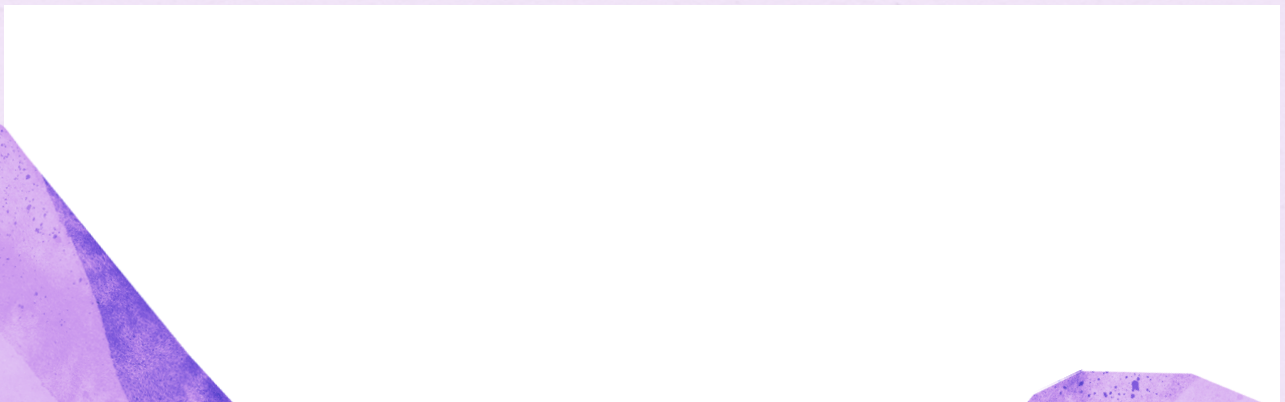
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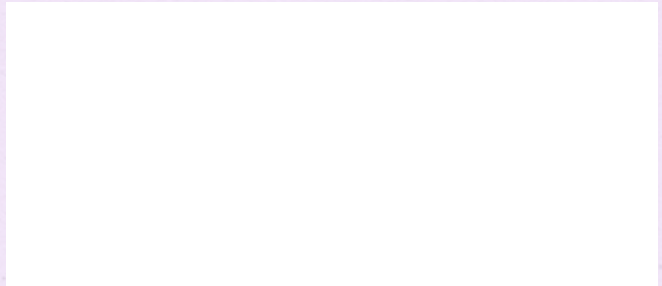
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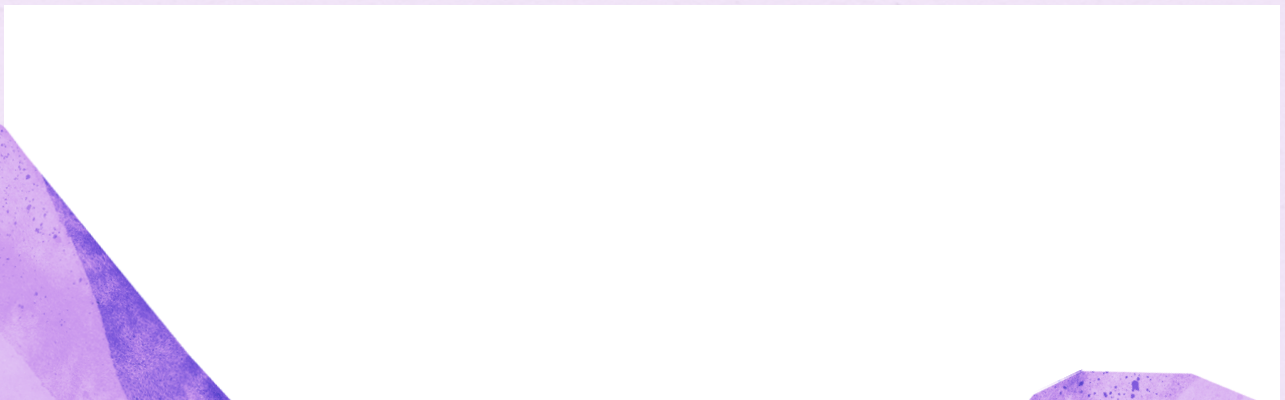
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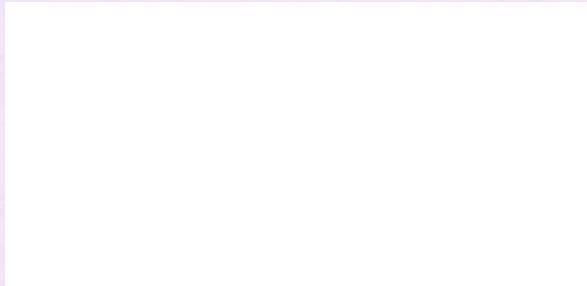
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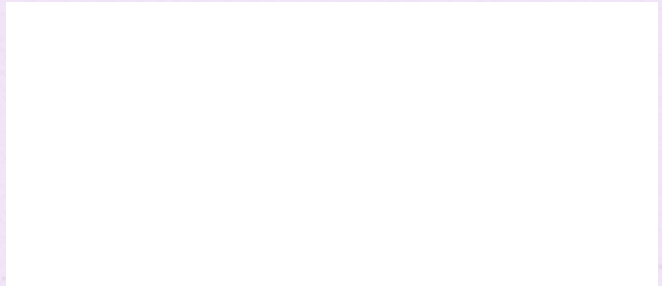
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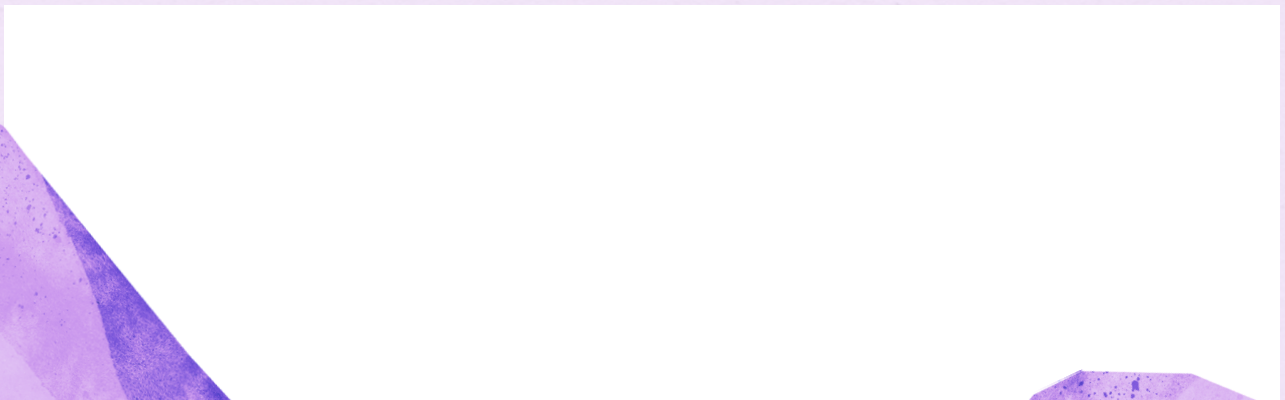
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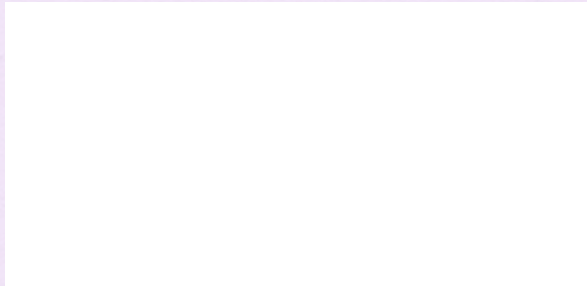
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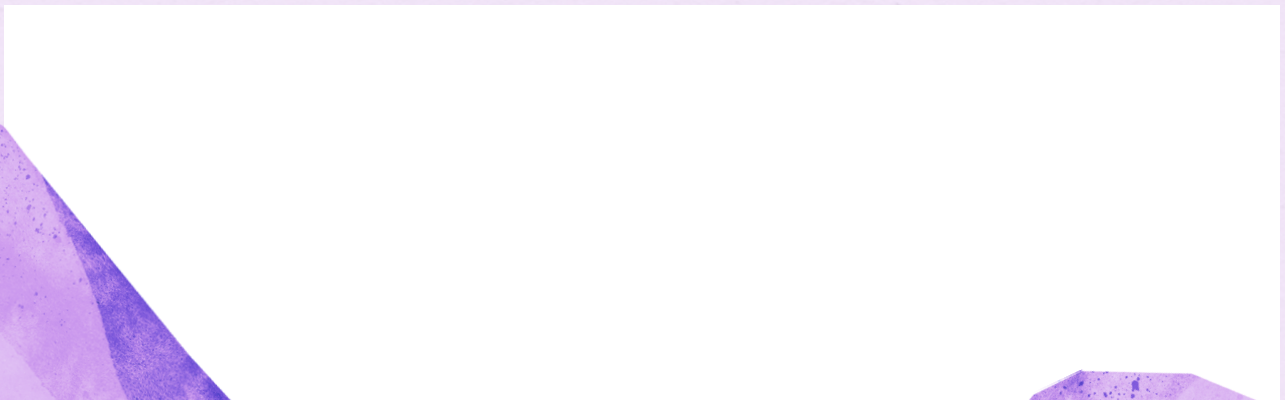
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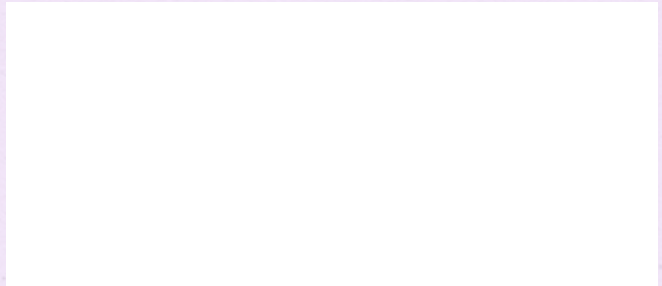
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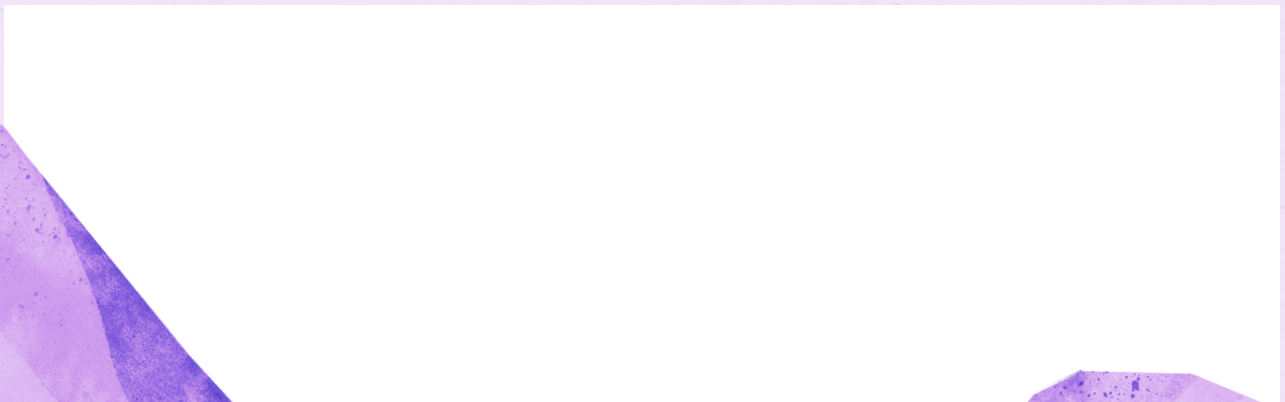
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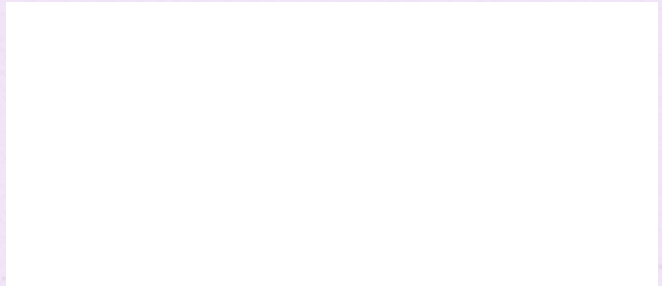
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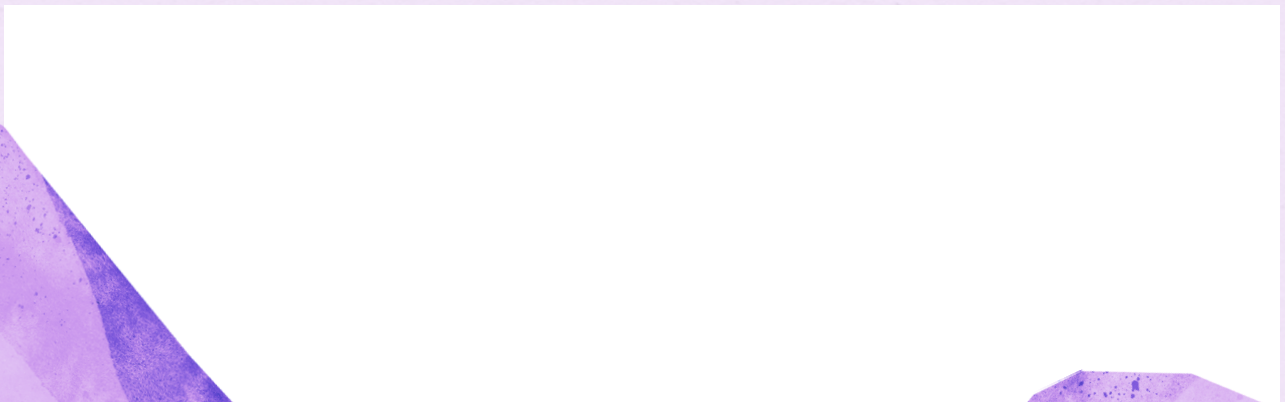
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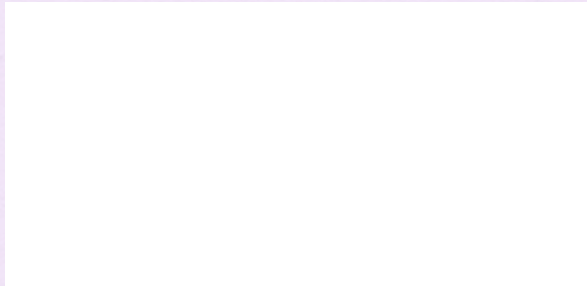
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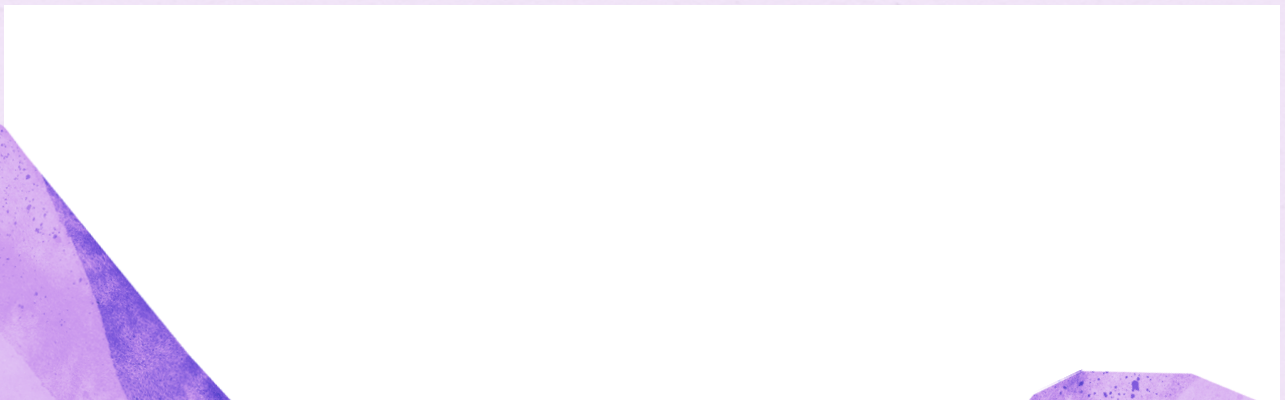
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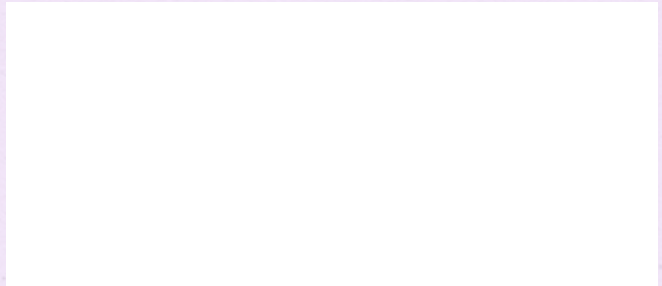
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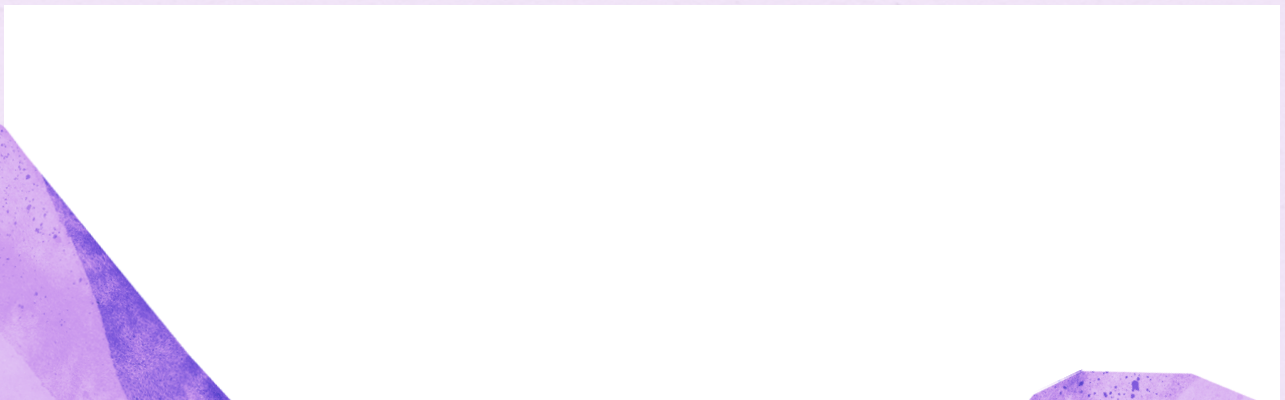
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